

August 2, 2012

## ONTARIO'S SENIORS CARE STRATEGY

Public Questionnaire Will Gather Input from Patients, Families, and Caregivers

Ontario is moving forward in developing its Seniors Care Strategy, which will help older Ontarians (age 65 and older) stay healthy, live at home longer and receive the right care, at the right time and in the right place. To support the development of this strategy, Dr. Samir Sinha, Expert Lead, Seniors Care Strategy, is asking all Ontarians, but especially older Ontarians, their families and caregivers, and health and social care professionals for their input.

In fall 2012, Dr. Sinha will provide recommendations to the Minister of Health and Long-Term Care and will work with the Erie St. Clair LHIN and local health care providers to implement the strategy, once approved.

The questionnaire, available online, will take only 5 minutes to complete and is anonymous. The survey can be accessed at:

<http://www.health.gov.on.ca/en/public/programs/ltc/scss.aspx>

Dr. Sinha will also be visiting the province's 14 LHINs to meet with health care stakeholders, including front-line providers, administrators, patients, and families where further input will be gathered in support of the plan.

The plan, announced this spring, will include strategies to:

- Expand doctor's house calls
- Increase access to home care for seniors in need
- Establish care coordinators to work with health care providers so seniors receive the right care, particularly as they recover from a hospital stay
- Allow seniors to adapt their home to meet their needs as they age with the assistance of the Healthy Homes Renovation Tax Credit
- Help seniors stay healthy by eating well and exercising regularly so they can manage their own care and stay mobile



Ontario

Erie St. Clair Local Health  
Integration Network  
Réseau local d'intégration  
des services de santé  
d'Érie St. Clair



# Erie St. Clair LHIN HEALTH CARE UPDATE

[www.eriesticlairhin.on.ca](http://www.eriesticlairhin.on.ca)

Dr. Samir Sinha is a respected professional and passionate advocate for the health care needs of seniors. In his current role as Director of Geriatrics at Mount Sinai and the University Health Network Hospitals, Dr. Sinha has implemented innovative initiatives that align with the goals of Ontario's Seniors Care Strategy. These include the Acute Care for Elders Unit which assists seniors in returning home safely after a stay in hospital, and a house calls program where an inter-professional team provides care to frail, housebound seniors.

## LEARN MORE

For more information about the Erie St. Clair LHIN, please visit: [www.eriesticlairhin.on.ca](http://www.eriesticlairhin.on.ca)

For more information please contact Ron Sheppard, Acting Director, Communications and Community Engagement, Erie St. Clair LHIN, at 1-866-231-5446 ext. 3230 or at [Ron.Sheppard@lhins.on.ca](mailto:Ron.Sheppard@lhins.on.ca)

## About the ESC LHIN

The Erie St. Clair LHIN is a Ministry of Health and Long-Term Care agency that plans and pays for health care services totaling a billion dollars a year in our region alone – everything from hospitals to Meals on Wheels.

The Erie St. Clair LHIN strives to make the health care system better by understanding and responding to local needs and by getting services to work together more efficiently. That's how we'll all get better health care, while saving money and making the system sustainable for our children and grandchildren.



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