

February 1, 2012

Getting Better and Going Home

Transitional care beds improving care for seniors

With high ALC rates impacting patient flow at Windsor hospitals, finding better ways to care for seniors while achieving immediate system pressure relief, continues to be a challenge.

To address the challenge of patient flow, solutions such as Home First are being created. Home First is a philosophy which aims to support seniors safe return home after their acute care is complete. In the home, rehabilitation and other community care will help patients live at home as long as possible, or wait at home for the long-term care home of their choice.

Of course, not all patients are ready to return home immediately from the hospital. There are patients that no longer need hospitalization but are still too frail to go home. For these patients, Transitional Care is proving to be the solution.

New Transitional Care Beds were launched on November 14, 2011, at Rose Garden Villa through a partnership with the Erie St. Clair Community Care Access Centre (CCAC), Erie St. Clair LHIN, Hôtel-Dieu Grace Hospital, Windsor Regional Hospital, and Rose Garden Villa.

This new service, located at Rose Garden Villa, provides enhanced care to patients to support their continued rehabilitation with a focus on daily living activities, restorative care, and physiotherapy for strengthening, and specific client goals that will support their transition back home. The Transitional Care program is based on a short-stay model with patients placed for a maximum of 90 days. While staying at Rose Garden Villa, patients will receive care by an enhanced team that includes a social worker, three restorative aids and increased physiotherapy.

To date, 12 residents transferring from Windsor Regional Hospital and Hôtel-Dieu Grace Hospital have participated in the program; eight of these residents have improved their mobility and returned home.

As a testament to the program's success, an 87-year-old woman, who had transferred from hospital to Rose Garden Villa on December 2, 2011, went home January 6, 2012, after successfully completing physiotherapy and other rehabilitative programs.

Rooms at Rose Garden Villa have been renovated to accommodate the new program and welcome new residents. Other renovations are also underway to breathe new life into the facility, including upgrades to the foyer, main and third level dining rooms.



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No co-pay will be charged to patients placed into the program as it is fully funded by the Erie St. Clair LHIN.

For more information on Transitional Care Beds, or to have a patient assessed for placement, contact the Erie St. Clair CCAC at 519-310-CCAC (2222).

The Erie St. Clair LHIN is a Ministry of Health and Long-Term Care agency that plans and pays for health care services totalling a billion dollars a year in our region alone – everything from hospitals to Meals on Wheels.

The Erie St. Clair LHIN strives to make the health care system better by understanding and responding to local needs and by getting services to work together more efficiently. That's how we'll all get better health care while saving money and making the system sustainable for our children and grandchildren.